# Amminess Spa & Beauty Senses Resort Vrboska

#### **BODY MASSAGES**



A massage has become a medical treatment we all need to be able to do our everyday tasks. It stimulates blood circulation and collagen and elastin production, helps body detoxification, regulates fat cells formation, removes cellulite etc.

## **WELLNESS MASSAGES**

75 min 90 €

# Hvar paradise

A relaxing massage therapy by candlelight and ambient music. Enjoy the experience of connecting with the Earth and its energy.

# Chocolate body massage

Awaken your senses and give your skin a fresh look!

# Hvar plants massage

A massage technique based on natural plants. It improves the blood flow and gives the skin a healthy and fresh glow. It relaxes the muscles, wiping the worried and tired expression off your face.

## Hot stone massage

The experience begins with a full body massage with essential oils of the client's preference with drainage and a stimulation effect, followed by a hot stone massage which helps dilate capillaries, entices lymph flow and has drainage and detox effects.

**HEALTHY MASSAGES** 

60 min 80 €

30 min 50 €

Sports body massage

A massage which helps improves your physical abilities during training or increased exertion, given before, during or after them.

# Lymphatic drainage

A gentle form of massage used to relieve painful swelling in your arms and legs caused by lymphedema.

#### SWEDISH MASSAGES

60 min 80 €

45 min 60 €

30 min 45€

# Medical body massage

A physical therapy method based on a series of systematic movements along the body with the goal of manipulating body tissue (skin, subcutaneous tissue, muscles and muscle fascia).

# Aroma relax

The experience starts with a full body massage with essential oils of the client's preference with drainage and stimulation effects.

# Made for mom

A massage for pregnant women with natural almond oil.

## **SHORT MASSAGES**

20 min 35 €

Foot massage

Face massage

Kids massage

Head and scalp massage

## **SPA & BODY TREATMENTS**



Wellness body treatments will make you feel rejuvenated and balanced. Our treatments are based on exclusive, high quality SPA products, specially made to fit every skin type and clients' individual needs. Our body treatments will provide you with the necessary relaxation in a beautifully scented surrounding, where you can enjoy professional massage techniques and their targeted results. Whether you decide on relaxation, firming or detoxification, all of our body treatments will provide you with visible and tangible results.

#### **CLEOPATRA'S RITUAL**

150 min 200 €

Exfoliation, mask and full body massage (60 min), hydro face treatment

#### SPA TREATMENT

90 min 110 €

Hydro facial treatment (45 min), Aroma relax massage (45 min)

#### REGENERATION SPA

110 min 120 €

Massage (60 min) + mask for body

## SPA SEA FEELING

90 min 105€

exfoliation body + massage (45 min)

## **GEORGIKON MUD DETOX**

45 min 70 €

Pure Dead Sea fossil remains

## SPA AROMA BODY EXFOLIATION

20 min 60 €

With exotic natural essential oils scent

## SPA ZONE & WELLNESS PACKAGES



Our offers include complete *wellness packages* which will awaken all of your senses and make you feel fully relaxed. Our goal is to provide our

clients with a sense of rejuvenation - help them feel reinvigorated, revived and ready for new challenges.

Our clients can relax in the sauna or whirlpool, alone or by sharing the experience with someone, and enjoy the candlelight, drinks and fruit, or carefully selected massages.

## PRIVATE SAUNA

1 person	1:30 h	20 €
2 people	1:30 h	30 €
3 people	1:30 h	40€
4 people	1:30 h	50€
PRIVATE JACUZZI + SAUNA		
1 person	2 h	6o €
2 people	2 h	8o €
3 people	2 h	90€
4 people	2 h	100€
5-8 people	2 h 1 <b>40 €</b>	

Services of entering the spa zone are charged to persons over the age of 14.

Accompanied by parents Children from 0-14 years do not pay for spa zone services.

# SPECIAL OFFER (1 person)

Private sauna (1:30 h) + back massage (30 min)	55€
Private sauna (1:30 h) + swedish massage (60 min)	90€

# PACKAGES FOR TWO (2 people)

Private sauna (1:30 h) + back massage (2x 30 min)	100€
Private sauna (1:30 h) + swedish massage (2x 60 min)	165€
Private jacuzzi & sauna (2h) + swedish massage (2x 45 min)	180 €
Private jacuzzi & sauna (2h) + wellness massage (2x 75 min)	300€

## **FACIAL TREATMENTS**



- Innovative molecular cosmetics
- The first professional organic concentrates, highly active up to 100%
- · State-of-the-art production of organic cosmetics

#### SENSES HYDRO EXCLUSIVE

75 min

45 min

60€

8o €

Exclusive deep regeneration and anti-age facial treatment allowing the skin to receive more oxygen (makeup removal, tonic, peeling, mask, massage, serum, cream, eyebrow tinting + shaping, underlip shaping)

## HYDRO FACIAL

Quick regeneration (makeup removal, tonic, peeling, mask, massage, cream)

#### **ENZYMATIC FACIAL EXFOLIATION**

15 min 20 €

For quick skin regeneration after sunbathing (makeup removal, tonic, peeling + cream)

## **DEEP FACE CLEANSING**

120 min 95 €

Exclusive deep regeneration and cleaning facial treatment allowing the skin to receive more oxygen (makeup removal, tonic, peeling, vapozone, deep cleaning, mask, massage, serum, cream, apparatus with electricity for disinfection, eyebrow tinting + shaping, underlip shaping)

#### **EYEBROWS & EYELASHES**

Lash lifting	40€
Lash lifting + Eyelash coloring	55€
Eyelash coloring	20 €
Eyebrow coloring	10 €
Coloring of eyebrows and eyelashes	25€
Eyebrow correction	10 €
Eyebrow correction + coloring	15 €

#### HAND AND FOOT CARE

## PEDICURE, MANICURE AND PERMANENT NAIL POLISH



If you think about it, hands and feet are body parts affected most by our everyday routine. Even weather affects them. The wind and sun damage the skin, making it dry. Here are a few ideas for quickly rejuvenating your hands and feet.

1) Classic manicure 20 €

2) Paraffin bath 20 €

3) Spa manicure 50 €

(exfoliation, hand massage, classic manicure, paraffin)

4) Manicure + permanent nail polish 40 €

5) Nail polishing 10 €

6) Shellac removal 20 €

7) Gel removal 30 €

8) Aesthetic pedicure 40 €

9) Spa pedicure 60 €

Nives Tufegdžić

Spa manager Senses resort Vrboska

Ideal ljepote j.d.o.o.

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